

MAITLAND GROSSMANN HIGH SCHOOL
PDHPE SCOPE AND SEQUENCE Stage 5 Year 10

TERM 1	TERM 2	TERM 3	TERM 4
<p style="text-align: center;">Overcoming Adversity</p> <p>Outcomes; 5.2, 5.12, 5.15</p> <ul style="list-style-type: none"> • Challenges and opportunities • Strengthening resiliency <p style="text-align: center;">Dance Making</p> <p>Outcome: 5.5, 5.11, 5.13</p> <ul style="list-style-type: none"> • The features of movement composition • The elements of composition • Appreciating movement composition and performance 	<p style="text-align: center;">Celebrate safely</p> <p>Outcomes: 5.6, 5.7, 5.12, 5.15, 5.16</p> <ul style="list-style-type: none"> • Influences on health decision-making/risk behaviors • Road safety • Drug use • Sexual health • Recognising and responding to abusive situations 	<p style="text-align: center;">Invasion Games</p> <p>Outcomes: 5.4, 5.14</p> <ul style="list-style-type: none"> • Aspects of movement skill development • Influences on skill development and performance • Applying mechanical principles to enhance performance 	<p style="text-align: center;">Physical Fun</p> <p>Outcomes: 5.10, 5.12, 5.13</p> <ul style="list-style-type: none"> • Roles in physical activity • Strategies for enhancing others' enjoyment /participation in physical activity