Maitland Grossmann High School celebrated Education Week 2008 with a series of activities which showcased the talents, skills, and abilities of our students and staff. The regional celebration at Rutherford Technology High saw the presentation of award to students: Alexander Cook, Sheng Chenn; teachers: Matt Davies and Peter Catt and Teachers Aide Special Kerry Ekin. The school received an award for excellence with the program ‘Friends for Life’ which ran in Year 9 in 2007; also Mr Chris Sharkey was acknowledged for his outstanding contribution to Maitland Grossmann High School through his direction and support in the development of our webpage.

At school, we held Education Week achievement and awards assemblies to acknowledge and celebrate student success. These were attended by the parents and family of award winners, students, and teachers. Congratulations to the Creative Arts and Performing students who gave outstanding performances during these assemblies. Particular congratulations to the choir and band who were superlative in their presentations. Additionally, there were further performances by our students at Green Hills Shopping Centre which showcased our outstanding talent within the school.

Thank you to those parents who have made an effort to pay school fees and costs. This is very much appreciated and gives us the opportunity to optimise the resources and opportunities available to the students across the school.

Maitland Grossmann High continues to be very successful in the sporting arena with very creditable performances by our athletes at the regional athletics and cross country carnivals and our soccer players in the Bill Turner Cup.

Dr Di Soltau
CAREERS

Year 9 and Year 10 will soon receive information about their Careers days next term. On Thursday 24 July all Year 9 will be involved in the Career Explorer Day. Workshops have been organised including creating Resumes, budgeting and employer expectations. Mrs Blanshard will be issuing the School to Work Logbooks and representatives from the ATO will be informing students about Tax File Numbers and the application process.

Senior subject selection time is fast approaching, Year 10 Information Day on Monday 11 August will provide students with information about senior subject choices, VET subjects and TVET options. The most important rules for subject selection is that a student chooses subjects that they are interested in, that they want to learn and that they are good at.

Congratulations to Emily Waught of Year 11 who was recently awarded a Hunter Training Initiative School Based scholarship. Emily is completing her traineeship at Nation Wide Hire in Rutherford Industrial Estate in heavy vehicle auto.

Three of our Year 12 students attended the NSW Minerals Council dinner promoting careers in the minerals industry.

P &C FUNDRAISING COMMITTEE

Almost $1500 was raised from this year’s sale of Entertainment Books. Thank you to all families and friends who purchased their book from the canteen. A big thank you must go to Mrs Wells who coordinated the sale of the books through the canteen.

Our next P&C fundraiser is a Sausage Sizzle on Saturday 28 June at Bunnings in Maitland. Please come along and support our efforts.

If you would like to assist in any way or can spare some time to help on the day, please contact Jenny Field or Lee Osborne at school on 49342066.

ADOPT-A-RESIDENT 2008

This very successful program will commence again in Term 3. Interested Year 10 students will soon have the opportunity to volunteer to visit residents at Benhome and Largs Lodge during the next two terms. Our program has been running since 2001 and we are very much looking forward to introducing this year’s students to the residents.

Lee Osborne & Prue Campbell

CANTOEN

The canteen roster is available on the school website.

ENGLISH

June finds the English Faculty extremely busy, as usual. The hectic reporting period is almost over and we can take a breath to refocus on the new units of work that continue to evolve in Stage 4 & 5.

Teachers of Year 8 classes have been reading current novels over the past weeks preparing to make a choice for their class novel study in Term 3. I take this opportunity to remind parents of the English Department’s new policy where students purchase their own novel and encourage your support of the implementation of this policy. (Please see February’s newsletter on www.mghs.com.au for the full policy).

Students in Year 8 will be studying a unit entitled “Which Side of the Fence?” which incorporates their film and novel study. All classes will study the film Rabbit Proof Fence then pursue similar cross-cultural themes in their novel/prose fiction study. The new purchase policy has opened up opportunities for a much wider and more current choice of texts for each class in this compulsory aspect (ie the study of Australian texts including those that give insight into Aboriginal and multicultural in Australia) of the Stage 4 & 5 Syllabus.

Purchase of texts will be organised on a specific day towards the end of Term 2. A letter outlining information about titles and cost for each class will be sent home to you and posted on our website closer to the time. Costs will be kept to a minimum. Remember, all bookseller discounts will be passed on to you.
The added bonus of this system is that the text remains the property of the students after the study is completed, to nourish personal libraries and instill a love of literature that I’m sure you all will endeavour to support.

Parents of students in Years 11 and 12 are reminded that this policy also applies to Preliminary and HSC students— not that many of you need reminding because you have already been purchasing texts! I thank you for the support given thus far in purchasing texts. HSC texts for 2009 will be ordered early in Term 3 and students informed of their commitment thereafter.

Regards

Libby Guider
Head Teacher English

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CONGRATULATIONS TO ALL MAITLAND DISTRICT EDUCATION WEEK AWARD RECIPIENTS AND IN PARTICULAR CONGRATULATIONS TO PETER CATT ONE OF THE PDHPE STAFF MEMBERS. MR CATT IS ONE OF OUR LONGEST SERVING TEACHERS AT MGHS AND ONE OF OUR MOST SUCCESSFUL HSC TEACHERS. HE HAS CONSISTENTLY ACHIEVED ABOVE STATE AVERAGE RESULTS WITH HIS HSC STUDENTS AND EQUALLY IMPORTANT, THE STUDENTS REALLY ENJOY WORKING WITH HIM. HE IS A TIRELESS WORKER AND IT IS GREAT TO SEE THAT HIS SKILL HAS BEEN RECOGNISED. CONGRATULATIONS PETE THE MAITLAND DISTRICT AWARD FOR EXCELLENCE IN TEACHING COULD NOT HAVE GONE TO A MORE WORTHY RECIPIENT AND TO A NICER PERSON.

There is no coincidence between the rates of inactivity and overweight adolescence. Overall, 25% of young people in 2004–05 were overweight or obese. Coinciding with these increases, less than half of young people (46% of males and 30% of females) were meeting recommended physical activity guidelines in 2004–05. Young Australians: their health and wellbeing 2007 (report commissioned by Australian Institute of Health and Wellbeing).

The Physical Activity guidelines recommend that children 12 – 18 years of age participate in regular moderate (brisk walk effort) to vigorous physical activity for at least 60 minutes every day. They also recommend that adolescents should not spend more than 2 hours a day surfing the net, watching TV or playing video games. Practical PE lessons satisfy these guidelines for at least one day of the week and Tuesday sport for another. I encourage parents to value the role of PE and sport in schools and not support their son’s/daughter’s dubious claims of illness or injury which allows them to miss the opportunity and benefits of being active.

The PDHPE staff also encourage the wearing of the PDHPE/sport uniform. In winter girls and boys may wear the school tracksuit to school. For practical PE, if they are wearing the school tracksuit, the students only need to bring and change into a white polo shirt and change back into the school cotton shirt at the end of the practical lesson. Girls who wear the stretch navy pants to school will also need to bring either navy shorts or navy track pants for PE.

Finally Year 10 are getting ready for another School Certificate Assessment task. The dance task will be assessed during the coming weeks and the PDHPE staff are looking forward to watching the dances the students have choreographed. Congratulations Year 10 on the way you embraced and participated in the Dance Unit – it has been a lot of fun!!

Lyne Matthews
Head Teacher PDHPE

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We have been notified of a support group starting up for parents of children with a disability in the Maitland area. Please contact Darlene for more information on (02) 49319213
Yr 12 Food Technology students visited the Wrigley's factory at Berowra last Tuesday. The students toured the factory to view the operations of a mass food production company. This excursion was organised to complement the study unit “Food Product Development”. Everyone enjoyed the experience especially the samples at the end of the tour.

The properties of Wool were tested last week when Yr 11 Textiles and Design students designed and produced a felted scarf. This technique of fabric production is very fashionable this season.

Year 7 “Ready Steady Cook” assessment task was a big success. The students participated with enthusiasm working in a team to produce culinary masterpieces. The students worked extremely well under pressure having only seventy minutes to complete the brief. Some budding chefs emerged!

Year 9 Multimedia students have the opportunity to visit Darling Harbour on the 12th June to take photos of buildings, cityscape, markets and Chinatown. Students will be able to use these photographs in their future projects, making it a valuable experience.

Coinciding with this excursion is the opportunity for Textile Technology students to visit the Sydney Quilt and Craft Fair. Students will be inspired to test new machines, view the range of products and have the opportunity to participate in workshops. Students need to hand in their permission notes as soon as possible.

Food Technology and Hospitality students have the opportunity to visit the ‘Good Food’ exhibition at Darling Harbour on Friday 20th June. Students will have the opportunity to sample recently developed food products and participate in formal cooking demonstrations by celebrity chef Ben O'Donoghue. Students need to hand in their permission notes and money to the front office as soon as possible.

The Blood Donor mobile will be at school Wednesday 25th June. All students aged 16 years and older are encouraged to donate blood. See Mrs Goward to book a time.

D. Bowen
Relieving H.T

Newcastle X-Ray and Ultrasound

6 Molly Morgan Drive
GREENHILLS
Ph: 4999 6499

Interest rates going up…
Food prices going up…
Petrol prices going up…

Your x-ray costs won’t be going up though because we will bulk bill you 100% for all general and dental x-rays and Ultrasound
The Maitland Grossmann High School Council

The School Council is a significant body of community members, parents, students and staff who meet once a month on a Thursday at 6pm to share in the decision making and forward planning for the school. Meeting are usually of 1-2 hour duration.

Expressions of interest are called from persons who have an interest / passion for MGHS to fill the following positions: community representative, teaching and non teaching representative and parent representative.

If interested please complete the following and return to Dr Di Soltau.

Maitland Grossmann High School
Expression of Interest

I_____________________________________________________
of___________________________________________________________(address)

Phone:_______________________ would like to express an interest to be involved in the MGHS School Council. I understand that this position is for a two year period.

Community Representative    □
Parent Representative    □
Staff / Teaching Representative    □
Staff / Non Teaching Representative    □

I am aware that this requires attendance at up to 8 meetings per year at 6pm on the third Thursday of each month.

My connection to the school is ________________________________
______________________________
______________________________

Signature:______________________________
Date:________________________
Why should you use Ritchies
Community Benefit Card
every time you shop?
Presenting your Ritchies Community Benefit Card to the cashier every time you shop entitles you to:

- **Cheaper prices on “C.B.” specials.**
  Look for the Red ‘C.B.’ shelf tickets to find out how much you can save on thousands of exclusive specials each week.

- **Fundraising dollars for your nominated group!**
  1% of the money you spend in either the supermarket or liquor department will be automatically donated to the club, school or charity of your choice, on your behalf - at no extra cost to you. But, make sure that you are not the only person nominating your group. Encourage the other members of your club, school or organisation to shop at Ritchies with their Community Benefit Card. It only takes 10 members spending $25 a week for 4 weeks to qualify for the minimum donation of $10. (That’s 1% of $1000). Naturally, the more members shopping the higher the donation!

- **Ritchies Christmas Club.**
  Pre-purchasing Ritchies' Christmas Club Gift Cards to purchase groceries and liquor at the end of the year is a great idea and will reduce the expense and stress at Christmas time. Purchase Christmas Gift Cards totaling over $100 in value and you will receive a delicious Christmas gift with our compliments for the Festive Season. Ask for the Christmas Club application form at your local store.

For the location of your nearest Ritchies Supermarket or Liquor store
Phone Head Office on (03) 9784 2000
Or check our web site at www.ritchies.com.au

How does Ritchies Community Benefit Card work?

1. Simply enter the name of your favourite SERVICE or SPORTING CLUB, SCHOOL, KINDERGARTEN or CHARITY on the Community Benefit Card Application form.
   This Application Form is returned to Ritchies Head Office, where your Community Benefit Card number and the CB number for your nominated group is entered into our computer.

2. Your Ritchies Community Benefit Card will be issued and can be used, immediately!
   You can choose to have a free key tag to place upon your key ring (2 tags per application issued), or you might prefer the convenience of a Plastic Card to place in your wallet or purse. You might prefer one of each. The choice is up to you!

3. Every time you shop you will be asked by one of our friendly cashiers to present your Community Benefit Card!
   Your card will be scanned at the register, which will automatically allocate 1% of the money you spend to your nominated organisation. It will also automatically allocate the discounted price on ‘CB’ specials.

4. **If your nominated Club, School or Charity ceases to exist**, donations otherwise payable to your nominee will be paid to the Lord Mayor's Charitable Fund (LMCF) and designated by the LMCF as the "Ritchies Stores Pty Ltd Emergency Relief Fund" to be distributed at the LMCF's discretion.

   *Help yourself to savings and help your favourite club, school or charity at the same time with your free Community Benefit Card.*

**RUTHERFORD (Manager - Ross Wall)**
West Mall Shopping Centre, Rutherford, NSW 2320
Phone: (02) 4932 6511
Fax: (02) 4932 6414

**KURRI KURRI (Manager - Paula Harris)**
178 Lang Street, Kurri Kurri, NSW, 2327
Phone: (02) 4937 2588
Fax: (02) 4937 4985
June 2008

Please make cheques/money orders payable to MEHSO
Email: mohnet@mehs.org.au
Ph 02 49301411 Fax 02 49301977
P.O. Box 22 WOLLWINDE NSW 2320
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RETURN THIS SLIP BY 6/9/08 TO:

Failure to respond will remove your name from the
annual subscription.
and enclose 4 x 5c postage stamps to cover my
Sorry - I am unable to attend either function

and enclose my payment of $15

Yes - I will be attending the Luncheon

my payment of $30

Yes - I will be attending the Dinner and enclose

MEHS: (Year) to (Year)

Address:

Name:

2008 ACCEPTANCE/APOLGEOY

4 Ex-students of Wollwinde Girls School
Wollwinde Girls' High School Old Girls' Union

Annual Reunion Luncheon

$15

21st St., Wollwinde NSW

12 noon Sunday, 14th September 2008

ANNUAL REUNION DINNER

$20 (includes annual subscription)

6:30 pm for 7 pm Dinner (Shake)

Bligh Street, TELAHOW NSW

Steadfast Room, Federal Bowling Club

Saturday 3rd September 2008

ANNUAL REUNION DINNER

4 Ex-students of Wollwinde Girls School
Wollwinde Girls' High School Old Girls' Union